Office Based Pediatrics
August 21–22, 2020
Historic Boone Tavern, Berea, Kentucky

FRIDAY, AUGUST 21, NEONATAL NEWS FOR THE PCP
12:30–1:00 pm  Registration & Exhibits
1:00–1:15 pm  Chapter Update
1:15–1:45 pm  Evidence Based Practice in Neonatal Opioid Withdrawal Syndrome
   Jon Devoros-Ringrose, DO, MHA, MS, FAAP
2:15–2:45 pm  Q & A
2:45–3:15 pm  Jaundice in the Newborn
   Jonathan Cohen, MD, FAAP
3:45–4:15 pm  Update on Management of Infants at Risk for GBS Disease
   Dan Stewart, MD, FAAP
4:15–4:45 pm  Q & A

FRIDAY EVENING RECEPTION AND SESSION
8:00–9:00 pm  Sips n’ Sweets Reception
8:00–9:00 pm  Pediatric Playtime Trivia Night
Questions related to Friday Session Lectures and General Pediatric Medicine Knowledge

2020 PROGRAM AGENDA (Casual dress)
SATURDAY, AUGUST 22, GENERAL SESSION
7:45–8:15 am  Registration & Exhibits
8:15–8:30 am  Welcome
8:30–9:00 am  Caring for Immigrant Children: Practical In-office Guidelines for the General Pediatrician
   Jared Cabitto, DO, FAAP & Fernando Horta, MD, FAAP
9:00–9:30 am  Gluten-Free, Paleo, Keto and Fad Diets: What do you and your Patients Need to Know?
10:00–10:30 am  The Nuts (and Bolts) of Pediatric Urology in Kentucky
   Jeffrey White, MD, PhD
10:30–11:00 am  Let’s Talk about Meds for ADHD
11:00–11:30 am  Chapter Update
11:30–12:00 pm  Break / Exhibits
12:00–12:30 pm  Pick-Up Boxed Lunch
12:30–1:15 pm  How to Survive and Thrive: Parenting Adolescents with Mental Health Problems
   Stephanie Stockburger, MD, FAAP
1:30–2:00 pm  Diagnosis and Management of Mild Traumatic Brain Injury (Concussion) in Children and Adolescents
   William Scott Black, MD, MS, CA-Sports Medicine
2:15–2:30 pm  Twinkle, Twinkle Little Sleeper: Common sleep problems in children
   Zoran Danov, MD, FAAP
3:00–3:30 pm  Cannabidiol Oil in Pediatrics
   Mark McDonald, MD, CFP, FAAP
3:30–4:00 pm  Break / Exhibits
4:00–4:30 pm  Door Prize Raffle, Close

Boone Tavern opened in 1909 and began humbly with 25 guestrooms in a measure to accommodate the many visitors of Berea College President William G. Frost and his wife Nellie. Now, the guest room tally is at 63, and a recent $11 million renovation has upgraded many elements of the property, laying foundation for another successful century. The award-winning Berea, Kentucky hotel is a member of the Historic Hotels of America and is listed on the National Register of Historic Places. The tavern has also earned the distinction as a LEED Gold Certified Green Hotel.

ADDITIONAL FEATURES
The Shoppe at Boone Tavern is an old-fashioned candy store featuring sweet treats by Kentucky Chocolates and freshly baked pastry items from the Boone Tavern pastry chef.
- Complimentary parking
- Complimentary bicycles are available for guest recreation and for shopping

You may stop by the front desk for details.
- The Seabury Center on the Berea College campus is available to guests for exercise and fitness and is a short walk from Boone Tavern.

BEREA ACTIVITIES
Your getaway to Berea will be made memorable not only by Boone Tavern’s elegant décor and well-manicured grounds, but by the many activities surrounding the hotel.
- Consider these other Top Attractions near Berea, KY too:
  - Kentucky Artisan Center
  - Old Town Artisan Village
  - The Pinnacles
  - Renfro Valley
  - Hummel Planetarium at Eastern Kentucky University
  - Sater Knob Pottery & Farm
  - Berea Arena Theater
  - Eastern Kentucky University of Performing Arts
  - Shaker Village of Pleasant Hill

Kentucky Chapter
American Academy of Pediatrics

MEETING CO-CHAIRS
Stephen Church, M.D., FAAP
Chapter Past President
East Louisville Pediatrics
Casey Lewis, M.D., FAAP
Pediatrics of Bullitt County

CHAPTER OFFICERS
Scottie Day, M.D., FAAP
President
Jaime Pittenger, M.D., FAAP
Vice President
Britt Anderson, M.D., FAAP
Secretary/Treasurer

100% of past attendees rate this conference as “Excellent!”
“Very Good two days free CME”
100% of past attendees rate this conference as “Excellent!”
“Excellent topics, speakers, and venue”
The goal of this activity is to educate pediatricians and to discuss the best practices in the care of the pediatric patient.

Evidence Based Practice in Neonatal Opioid Withdrawal Syndrome
Loi Devin-Price, DO, MHS, MD, FAAP
Learning Objectives:
• Review current evidence that support the assessment and management of neonatal opioid withdrawal syndrome during the hospital stay
• Review national and state trends for opioid use during pregnancy and NOWM

Neonatal Hypothyroidism: Making Sense of Different Opinions
David Adamkin, MD, FAAP
Learning Objectives:
• Discuss postnatal glucose homeostasis and Transient Neonatal Hypothyroidism
• Review the AAP of Pediatric Endocrine Society Interpretations for Defining Hypothyroidism
• Interpret Outcome Data of Neonates with Low Glucose levels
• Discuss use of Dextrose Gel

Jaundice in the Newborn
Jennifer Cohen, MD, FAAP
Learning Objectives:
• Understood pathophysiology of hyperbilirubinemia in infants
• Identify subgroups of high risk bilirubin associated pathology
• Develop management algorithm for Bilirubin in the first five weeks of life

Upcoming on Management of Infants at Risk for GBS Disease
Dan Stewart, MD, FAAP
Learning Objectives:
• To provide updated information regarding the epidemic of GBS disease to neonatal clinicians
• List current recommendations for treatment of those infants with confirmed GBS disease
• Explain the appropriate use of the GBS early onset (EO) screening test
• Understand the downstream effects of antibiotic exposure as related to changes in the microbiome

Caring for Immigrant Children: Practical In-office Guidelines for the General Pediatritian
Jeanie Callahan Durso, MD, FAAP and Maria Fernandez Noda, MD, FAAP
Learning Objectives:
• Quick review of immigration’s basics: types of immigration status and demographics in KY
• Assessment of immigrant children and useful resources

Gluten-Free, Polio, Keto and Fad Diets: What do you and your Patients know to know?
Chris Boling, MD, FAAP
Learning Objectives:
• Describe features of common ‘fad’ diets
• List characteristics of patients most likely to engage in ‘fad’ diets
• Explain concerns related to common ‘fad’ diets

The Nuts (and Bob) of Pediatric Urology in Kentucky
Jeffrey White, MD, FAAP
Learning Objectives:
• Recognition of genitourinary anomalies
• Treatment and care of common pediatric genitourinary conditions
• When to refer for common pediatric genitourinary condition

Let’s Talk about Meds for ADHD
Judith Annow, MD, FAAP
Learning Objectives:
• Treatment to ADHD
• Medication choices and how to choose
• Dosing options
• New medications and when to use
• How to monitor side effects
• Combinations of medications and how to choose
• When to refer child to subspecialty

How to Survive and Thrive: Parenting Adolescents with Mental Health Problems
Stephanie Stockburger, MD, FAAP
Learning Objectives:
• Identify common mental health diagnoses
• Review choices caregivers may encounter
• Identify strategies and resources for supporting the health and development of adolescents and children with mental health problems
• Discuss the power of play in brain building and brain development
• Review positive parenting techniques to help foster respect and trustfulness

Diagnosis and Management of Mild Traumatic Brain Injury (Concussion) in Children and Adolescents
William S. Black, MD, MS, C4S Sports Medicine
Learning Objectives:
• Describe the criteria to make the diagnosis of concussion in children and adolescents
• Identify and understand how to use a validated clinical tool to assist in the diagnosis and management of concussion in children and adolescents
• Describe the expected clinical course of an uncomplicated concussion
• Identify clinical features that may indicate an increased likelihood for a prolonged recovery from a concussion

Twinkle Twinkle Little Spoon: Common sleep problems in children
Sara Denes, MD, FAAP
Learning Objectives:
• Understand the side effects and benefits of CBD oil
• To understand the potential uses of CBD oil in Pediatrics

Discriminate sleep conditions that require an evaluation
• Formulate a basic management plan for common sleep disorders in ‘adolesce’

Interpret Outcome Data of Neonates with Low Glucose levels
Michael Adamkin, MD, FAAP
Learning Objectives:
• To understand the side effects and benefits of CBD oil
• To understand the potential uses of CBD oil in Pediatrics

When to refer for common pediatric genitourinary condition

Learning Objectives:
• Recognize current recommendations for treatment of those infants with confirmed GBS disease
• Explain the appropriate use of the GBS early onset (EO) screening test
• Understand the downstream effects of antibiotic exposure as related to changes in the microbiome

FACILITY
Boone Tavern Rooms & Suites
The hotel rooms in Berea, KY come in various sizes and arrangements, making it easy to accommodate your specific needs. Executive Suite, Junior Suite, King Rooms, Double Rooms, Queen Rooms, and Scholarly Full Rooms. Call 1-800-366-9356.

LOCATION/DIRECTIONS
Boone Tavern Hotel
100 Main St.
Berea, Kentucky 40404
Toll-Free: 1-800-366-9358

From Lexington, KY and Cincinnati, OH
• Driving Time: 1-75
• Take I-75 South to exit 77 for KY-595 S
• Turn left on KY-595 S/Walnut Meadow Road
• Turn right onto Walnut Meadow Road

From Knoxville, Driving North on I-75
• Take I-75 North for 40 miles to Berea
• Turn right onto KY-21 E/Chestnut Street
• Continue on E Chestnut Street
• Take a sharp right onto South Main Street, Boone Tavern will be on the left

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KENTUCKY CHAPTER
American Academy of Pediatrics

REGISTRATION FEES
Fee includes Continental breakfast, and continuing education credit for physicians.
A Chaplains Care Update of FREE by providing pre-registration is REQUIRED.
Non-member of KY Chapter $150 (Prior to August 1)
Physician, Current member of Kentucky Chapter, No Charge
No charge for residents/students affiliated with the UofL, UK Schools of Medicine, Department of Pediatrics
CONFIRMATION/CANCELLATION
All registrants will be sent a confirmation of registration if received prior to August 10, 2019. Registration fee is refundable if cancelled by participant prior to August 1, minus a $10 cancellation fee. Should the sponsor cancel this meeting, registration fees will be refunded in full. However, the KY AAP is not responsible for any other costs incurred by the participants. Registration fees are non-refundable after August 10.

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To the Kentucky Chapter of the AAP would like to thank the following exhibitors for their support of this event at the time of program printing.

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NEW SESSION!

NEONATAL NEWS FOR THE PCP
Friday, August 21, 1–5:00 pm

This year the Friday Break-out Session will be on August 21, 2020 in Berea, KY. This year’s session is titled Neonatal News for the PCP and is an update on current Neonatology problems. This topic should be very practical and very educational for those of us who see babies in the nursery and office daily.

We have an outstanding speaker for this session. Dr. Lori Devlin will address “Nas Rashes—Follow Up Treatment to Exposure During Pregnancy.” Dr. Adamkin will address “Hypothyroidism”—the new definition and treatment. Dr. Jonathan Cohen will discuss “Blindness” and Dr. Dan Stewart will discuss “Seizures.” New BGS Guidelines. Knowing how important these topics are, we have scheduled extra time for questions and answers.

Please join us for what should be a very practical and informative session.

CME Credit
AMA PRA Category 1 Credits™
Accreditation: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of Norton Healthcare and the Kentucky Chapter of the American Academy of Pediatrics. Norton Healthcare is accredited by the Kentucky Medical Association to provide continuing medical education for physicians.

Designation: Norton Healthcare designates this activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

AAP MOC Credit
Successful completion of this CME activity, which includes participation in the activity and subsequent assessment of and feedback to the learner, enables the learner to earn up to 8 MOC points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) Program. It is the CME activity provider’s responsibility to submit learner completion information to ACCME for the purpose of printing AAP MOC credits.

Learning objectives:
• To understand the side effects and benefits of CBD oil
• To understand the potential uses of CBD oil in Pediatrics

When making reservations, please mention you are affiliated with the AAP group.

Meeting participants may call the hotel directly at 859-985-5500.

OTHER LODGING OPTIONS
Premier Louisville
Fairfield Inn & Suites, Lexington & Berea
227 Paint Fork Road, Berea, KY 40420
(800) 985-8191

Red Roof Inn and Suites, Berea
330 Walnut Creek Drive, Berea, KY 40423
(800) 763-7778

Pinnacle View Inn (B&B)
490 Lick Creek Road, Berea, KY 40423
(502) 226-0240

The Doctor’s Inn (B&B)
617 Chestnut Street, Berea, KY 40403
859-986-3042

The Doctor’s Inn (B&B)
After enjoying some refreshments at the Sips n’ Sweets reception (7pm), come on down and bring your colleagues to a fun Pediatric Playtime Trivia Night! (8pm–9pm) — Trivia teams will be made up of 2-5 members. Test your knowledge with this Trivia Night — an event that is sure to add excitement to the end of your educational day.

The Trivia Night offers a fun way to learn about pediatric medical information. It includes four categories of questions from which to choose, two of which will relate to Friday’s Neonatal News session and Saturday’s General Session.

Each round presents 10 randomly selected questions in the chosen category and keeps track of your team score. At the end, you can compare your score with other teams. Choose other categories or play the same category again to see different questions. Have fun!

Participants will have the chance to win fun gifts. Even if you don’t win, you’ll have a great time competing. Who knows, you may even learn something new!