

FREE Registration and up to 6.5 FREE CME credits for Chapter Members
Jointly provided by Shriners Hospitals for Children Medical Center — Lexington and the Kentucky Chapter of the AAP

100% of past attendees rate this conference as "Excellent!"
"Excellent topics, speakers, and venue" Participant
"Very Good two days free CME" Participant

AUGUST 24-25, 2018 • HISTORIC BOONE TAVERN, BEREA, KENTUCKY

American Academy
of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®
Kentucky Chapter
420 Capital Ave., Frankfort, KY 40601

KENTUCKY CHAPTER OFFICE BASED PEDIATRICS

OFFICE BASED PEDIATRICS August 24-25, 2018 Historic Boone Tavern, Berea, Kentucky

FRIDAY, AUGUST 24, THE OPIOID CRISIS & NEW GENERATIONS AT RISK

1:00-1:30PM	Overview of Kentucky's Opioid Crisis and Response <i>Allen J. Brenzel, MD, MBA</i>
1:30-2:30PM	Neonatal Opioid Withdrawal Syndrome (NOWS) – Impact, Treatment and Transition from Hospital to Home <i>Lori Devlin Phinney, DO, MHA, FAAP</i>
2:30-3:00PM	Q & A
3:00-3:30PM	Break/Exhibits
3:30-4:00PM	Hacking Adolescent Addiction Treatment – First, Get Them in the Door <i>Kristin Dawson, MD</i>
4:00-4:30PM	Implementing a Plan of Safe Care for Drug Exposed Infants <i>Holly Dye, MRC and Kristin Ashford, MD</i>
4:30-5:00PM	Q & A/Exhibits

2018 PROGRAM AGENDA (Casual dress)

SATURDAY, AUGUST 25, GENERAL SESSION

8:15-8:30AM	Welcome
8:30-9:00AM	GYN Pearls for the Pediatrician in the Trenches <i>Maggie Abraham, MD</i>
9:00-9:30AM	Pearls and Pitfalls of Breastfeeding <i>Rebecca Collins, MD, FAAP</i>
9:30-10:00AM	Thyroid Disorders in Children and Adolescents <i>Alba Morales Pozzo, MD, FAAP</i>
10:00-10:30AM	Break/Exhibits
10:30-11:00AM	Vaccine Hot Topics – 2018 <i>Gary Marshall, MD, FAAP</i>
11:00-11:30AM	Indications for In-vitro or In-vivo Food IgE Testing and Oral Food Challenge in Clinical Practice <i>James Sublett, MD, FAAP</i>
11:30-12:00PM	KY AAP Chapter Update <i>Patricia Purcell, MD, FAAP, Chapter President</i>
12:00-1:30PM	LUNCH/Exhibits
1:30-1:45PM	Chapter Awards
1:45-2:15PM	Update in Sports Concussion: Summer 2018 <i>Tad Seifert, MD</i>
2:15-2:45PM	Understanding Children and Adolescents with Gender Dysphoria <i>Suzanne Kingery, MD, FAAP</i>
2:45-3:15PM	A Pediatrician's Survival Guide to Dermatology <i>Molly Eisner, MD</i>
3:15-3:30PM	Q & A

You should attend Office Based Pediatrics if you are a general pediatrician or a pediatric subspecialist interested in updating your knowledge and skills in general pediatrics.

HISTORIC BOONE TAVERN IN BEREA, KENTUCKY



Boone Tavern opened in 1909 and began humbly with 25 guestrooms in a measure to accommodate the many visitors of Berea College President William G. Frost and his wife Nellie.

Now, the guest room tally is at 63, and a recent \$11 million renovation has upgraded many elements of the property, laying foundation for another successful century. The award-winning Berea, Kentucky hotel is a member of the Historic Hotels of America and is listed on the National Register of Historic Places. The tavern has also earned us the distinction as a LEED Gold Certified Green Hotel.

ADDITIONAL FEATURES

The Shoppe at Boone Tavern is an old-fashioned candy store featuring sweet treats by Kentucky Chocolates and freshly baked pastry items from the Boone Tavern pastry chef.

- Complimentary parking.
- Complimentary bicycles are available for guest recreation and for shopping. You

may stop by the front desk for details.

- The Seabury Center on the Berea College campus is available to guests for exercise and fitness and is a short walk from Boone Tavern.

BEREA ACTIVITIES

Your getaway to Berea will be made memorable not only by Boone Tavern's elegant décor and well manicured

grounds, but by the many activities surrounding the hotel.

If you aren't exploring the town's many artisan boutiques, you might consider the 7,700+ acres of forest land owned by Berea College. This nearby escape has public hiking trails and is especially beautiful with spring blooms and fall color.

Consider these other Top Attractions Near Berea, KY too:

- Kentucky Artisan Center
- Old Town Artisan Village
- The Pinnacles
- Renfro Valley
- Hummel Planetarium at Eastern Kentucky University
- Tater Knob Pottery & Farm
- Berea Arena Theater
- Eastern Kentucky University of Performing Arts
- Shaker Village of Pleasant Hill

MEETING CO CHAIRS

Stephen Church, M.D., FAAP
Chapter Past President
East Louisville Pediatrics
Casey Lewis, M.D., FAAP
Pediatrics of Bullitt County

CHAPTER OFFICERS

Pat Purcell, M.D., FAAP
President
Scottie Day, M.D., FAAP
Vice President/President Elect
Jaime Petlinger, M.D., FAAP
Secretary/Treasurer

NEW SESSION!

THE OPIOID CRISIS & NEW GENERATIONS AT RISK

Friday, August 24, 1–5:00PM

Our CME Friday session will address a very pressing problem both throughout Kentucky and the country—the Opioid Crisis. We have a very strong program with outstanding speakers and topics. Dr. Allen Brenzel will address “Epidemiology of the Crisis”; Dr. Lori Devlin will speak to “Neonatal Opioid Withdrawal Syndrome — Impact, Treatment and Transition from Hospital to Home.” Dr. Kristin Dawson will present “Hacking Adolescent Addiction Treatment — First Get Them in the Door”; and The Pathway Presenters will present on their work and treatment of Adolescents with Drug Problems. This should be a most informative session. Please join us on August 24 for the very timely and important session.

CME Credit

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Shriners Hospitals for Children Medical Center – Lexington and the Kentucky Chapter of the American Academy of Pediatrics. The Shriners Hospitals for Children Medical Center – Lexington is accredited by the Kentucky Medical Association to provide continuing medical education for physicians.

The Shriners Hospitals for Children Medical Center – Lexington designates this educational activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

HB1 / Prescribing Controlled Substances: The Kentucky Board of Medical Licensure has approved the Mighty M's: Message, Manage & Minimize, Preventing Opioid Abuse in the Primary Care Setting on August 24, 2018 for 2.5 HB1 credit hours. ID #0418-H2.5-SMC1a



FACULTY AND COURSE OBJECTIVES

The goal of this activity is to educate pediatricians and to discuss the best practices in the care of the pediatric patient.

Overview of Kentucky's Opioid Crisis & Response

Allen J. Brenzel, MD, MBA

Learning Objectives:

- Participants will be able to identify the scope of the opioid crisis in Kentucky including knowledge of the incidence of overdose deaths, hospitalizations and overall health impact with specific focus on HIV and Hepatitis C.
- Participants will be able identify at least two opioid use disorder prevention initiatives funded by the Kentucky Opioid Response Effort (KORE).
- Participants will be able to name at least two evidence based intervention strategies to decrease opioid overdose deaths.
- Participants will be able to identify the key elements of Screening and Brief Intervention and Referral for Treatment (SBIRT) and understand reimbursement available in Kentucky that can be utilized in practice of Pediatric Primary Care in Kentucky.

Neonatal Opioid Withdrawal Syndrome (NOWS) — Impact, Treatment and Transition from Hospital to Home

Lori Ann Devlin Phinney, DO, MHA, FAAP

Learning Objectives:

- Discuss the impact of Neonatal Opioid Withdrawal Syndrome (NOWS) on the health care system in KY and National.
- Review current treatment strategies for NOWS.
- Discuss the Plan of Safe Care for the state.

Hacking Adolescent Addiction Treatment — First, Get Them in the Door

Kristin Dawson, MD

Learning Objectives:

- Learners will understand the key components of SBIRT (Screening, Brief Intervention and Referral to Treatment).
- Learners will recognize the role of motivational interviewing in SBIRT.

Implementing a Plan of Safe Care for Drug Exposed Infants

Holly Dye, MRC and Kristin Ashford, MD

Learning Objectives:

- Participants will be able to describe differences between NAS and prenatal substance exposure.
- Participants will identify two primary risk factors for injury, abuse and death among children.
- Participants will be able to describe the mission of Plan of Safe Care in Kentucky.

GYN Pearls for the Pediatrician in the Trenches

Maggie Abraham, MD

Learning Objectives:

- Define common gynecological conditions affecting children and adolescents.
- Develop acute management strategies for these GYN conditions while awaiting specialist evaluation.
- Utilize Pediatric-Adolescent Gynecology online resources to enhance your clinical practice.

Pearls and Pitfalls of Breastfeeding

Rebecca Collins, MD, FAAP

Learning Objectives:

- Review new information regarding breastfeeding stats and benefits in the US.
- Discuss how Primary care doctors can support Moms short and long term breastfeeding goals.
- Use case studies to point out challenging dyads and possible options.
- Share resources for use in the trenches.

Thyroid Disorders in Children and Adolescents

Alba Morales Pozzo, MD, FAAP

Learning Objectives:

- Identify the most common cause of congenital hypothyroidism.
- List 3 typical findings in the clinical presentation of a child with acquired hypothyroidism.
- List 3 common findings in the clinical presentation of an adolescent with hyperthyroidism.
- Explain thyroid hormone's influence on growth during childhood and adolescence.

Vaccine Hot Topics—2018

Gary Marshall, MD, FAAP

Learning Objectives:

- Outline the latest vaccine science that is relevant to practice.
- Implement new immunization recommendations in a timely fashion.
- Improve immunization rates.

Indications for In-vitro or In-vivo Food IgE Testing and Oral Food Challenge in Clinical Practice

James Sublett, MD, FAAP

Learning Objectives:

- To review the diagnosis of food allergy.
- To understand the indications for both in-vitro and in-vivo testing and oral challenges for food allergy.

Update in Sports Concussion: Summer 2018

Tad Seifert, MD

Learning Objectives:

- Identify the clinical signs & symptoms of TBI/Concussion.
- Understand the underlying pathophysiology TBI/Concussion.
- Apply standard approaches for Return-To-Play and Return-To-Work/School following injury.

Understanding Children and Adolescents with Gender Dysphoria

Suzanne Erinn Kingery, MD, FAAP

Learning Objectives:

- Explore gender development and gender dysphoria.
- Recognize the unique healthcare needs of youth with gender dysphoria.
- Using evidence based medicine studies and current practice guidelines, understand the current healthcare management options for children and adolescents with gender dysphoria.

A Pediatrician's Survival Guide to Dermatology

Molly Eisner, MD

Learning Objectives:

- Review clinical presentations of commonly encountered dermatologic diagnoses in pediatric patients.
- Offer a multitude of clinical findings associated with dermatologic diagnoses to aid in accuracy of diagnosis.
- Present new and updated treatments of these dermatologic diagnoses.

GENERAL INFORMATION

REGISTRATION FEES

Fee includes Continental breakfast, and continuing education credit for physicians. KY Chapter of the AAP Member FREE-although pre-registration is REQUIRED

Non-member of KY Chapter

\$150 (Prior to August 1)

\$175 (After August 1)

No charge for residents/students affiliated with the UofL and UK Schools of Medicine, Department of Pediatrics.

CONFIRMATION/CANCELLATION

All registrants will be sent a confirmation of registration if received prior to August 10, 2018. Registration fee is refundable if cancelled by participant prior to August 1, minus a \$10 cancellation fee. Should the sponsors cancel this meeting, registration fees will be reimbursed in full. However, the KY AAP is not responsible for any other costs incurred by the participants. Registration fees are nonrefundable after August 10.

LOCATION/DIRECTIONS

Boone Tavern Hotel
100 Main St.
Berea, Kentucky 40404
Toll-Free: 1-800-366-9358

From Lexington, KY and Cincinnati, OH

- Driving South on I-75
- Take I-75 South to exit 77 for KY-595 S
- Turn left onto KY-595 S/Walnut Meadow Road
- Turn right onto Walnut Meadow Road
- Continue onto Main Street, Boone Tavern will be on the left

From Knoxville, Driving North on I-75

- Take I-75 North to exit 76 for KY-21
- Turn right onto KY-21 E/Chestnut Street,
- Continue onto Estill Street
- Take a sharp right onto South Main Street, Boone Tavern will be on the left

FACILITY

Boone Tavern Rooms & Suites

The hotel rooms in Berea, KY come in various sizes and arrangements, making it easy to accommodate your specific needs. Executive Suite, Junior Suite, King Rooms, Double Rooms, Queen Rooms, and Scholarly Full Rooms. Call 1-800-366-9358.

ADDITIONAL LODGING

When Boone Tavern lodging reaches its capacity from reservations by the KY AAP group, arrangements have been made with the Holiday Inn Express in Berea (only 4 miles from the Tavern) for additional lodging.

Holiday Inn Express

219 Paint Lick Rd
Berea, KY 40404

When making reservations, please mention you are affiliated with KY AAP group. Meeting participants may call the hotel directly at 859-985-5500.

OTHER LODGING OPTIONS

Pinehurst Lodge

Fairfield Inn and Suites, Lexington & Berea
227 Paintlick Road, Berea, KY 40403
(859) 985-8191

Red Roof Inn and Suites, Berea

330 Walnut Creek Drive, Berea, KY 40403 (Formerly Country Inn & Suites Berea)
(859) 228-0340

Pinnacle View Inn (B&B)

491 Log Cabin Road, Berea, KY 40403
(859) 756-4789

The Doctor's Inn of Berea (B&B)

617 Chestnut Street, Berea, KY 40403
859-986-3042

The Kentucky Chapter of the AAP would like to thank the following exhibitors for their support of this event at the time of program printing.

- Abbott Nutrition
- Gerber
- Kentucky Primary Care Association
- Kosair Charities
- Mag Mutual
- Norton Children's Hospital
- Norton Healthcare
- Pfizer
- Shriners Hospitals for Children Medical Center – Lexington
- Xpress Nebs

2018 REGISTRATION FORM

Name _____ AAPID# _____
Address _____
City _____ State _____ Zip _____
Email Address _____

I plan to attend the Friday afternoon *The Opioid Crisis & New Generations At Risk* Session
 I plan to attend the Friday evening reception: # adults _____ # children _____
 I will be attending the Friday evening "Movie Night" webinar screening 8-9pm
(check one below)
 Physician, Current member of Kentucky Chapter, No Charge
 I'd like to donate the money I'm saving on FREE CME's to the Kentucky Pediatric Society Foundation. Please accept my donation, payable to: KPS Foundation
 Non-member of Kentucky Chapter \$150 (prior to August 1), \$175 (after August 1)
 Current Resident/Fellow/Medical Student, No Charge
NEW! We are going green. Handouts will be provided on a thumb drive at no charge.

Registrations must be received by AUGUST 15
 Make check payable to: Kentucky Pediatric Society
 MAIL payment and completed form to: Kentucky Chapter of the AAP (KPS), 420 Capital Avenue, Frankfort, KY 40601
 FAX completed form to: 859-251-5039 (www.kyaap.org)
 QUESTIONS? 502.875.2205

JOIN US FOR "MOVIE NIGHT" A FREE WEBINAR SCREENING OF THE MIGHTY 3M'S: MESSAGE, MANAGE, & MINIMIZE!

Preventing Opioid Abuse in the Primary Care Setting

Friday, August 24, 2018 8:00–9:00PM

Webinar Screening of the Mighty 3Ms: Message, Manage, and Minimize

Pat Purcell, MD, FAAP, KY AAP Chapter President

Learning Objectives:

- Understand the epidemiology and neurobiology of adolescent substance use
- Define the adolescent gateway exposure scenarios to opioid use
- Discuss opioid management strategies for adolescents and identify treatment services in Kentucky
- Outline safe prescribing and storage strategies and introduce safe disposal solutions

Don't Miss Out on FREE CME, HB1Credit AND MEDICATION DISPOSAL KITS FOR YOUR OFFICES!

In conjunction with this year's annual meeting, "Movie Night" will take place on **Friday eve, August 24, 8pm-9pm** after the networking reception.

In addition to the FREE disposal kits, office resources including a Teen Opioid Fact Sheet, Treatment Resources in Kentucky and Safe Storage and Disposal Solutions will also be available for use in your offices.

TO RESERVE A SPACE for "Movie Night", just check the box on the meeting registration form (online or paper form).

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Norton Healthcare and the Kentucky Chapter of the American Academy of Pediatrics. Norton Healthcare is accredited by the Kentucky Medical Association to provide continuing medical education for physicians.

Designation: Norton Healthcare designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

HB1 / Prescribing Controlled Substances: The Kentucky Board of Medical Licensure has approved the Mighty M's: Message, Manage & Minimize, Preventing Opioid Abuse in the Primary Care Setting on August 24, 2018 for 1.0 HB1 credit hours. ID # 0418-H1.0-NHC2a

A Special Thank You to Our CME Partnering Organization



American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®