

# For Healthcare Providers



## How can Help Me Grow Kentucky serve you and your patients?

Help Me Grow Kentucky is a statewide FREE helpline designed to connect healthcare providers and their patients, birth through age five, to information about community resources and child development

### Help Me Grow Kentucky (HMGKY) is a simple solution that builds on existing resources

- HMGKY offers a **FREE** family helpline designed by a pediatrician as a central access point for families, medical providers and community service providers.
- HMGKY is an efficient and effective system that not only assists in identifying at-risk children, **birth through age five**, but also helps families find community-based programs and services.
- HMGKY does not provide direct services. It is a system allowing you to follow the American Academy of Pediatrics recommendation that all infants and young children be screened for delays as a regular part of their ongoing health care.

### Why use HMGKY?

- Allows more time to address your patients' health issues by saving time administering and scoring developmental/behavioral screening and researching resources.
- Provides a more efficient system of developmental/behavioral screening by using the evidence-based, family-friendly, Ages & Stages Questionnaires® (ASQ™) to identify delays.
- Keeps you informed by sending notification about the resources where your patients were referred.

### Benefits of using the Ages and Stages Questionnaires®

- **Easy to use:** Each questionnaire is written in simple terms for a parent/guardian (English/Spanish) to complete in about 15 minutes.
- **Tracking abilities:** Monitor how your patient's developmental progress through continued surveillance.
- **Parent education:** As parent/guardian completes the ASQ, he/she learns about the child's development.
- **Easy to integrate:** It's simple and quick to incorporate HMGKY into your office!



Help Me Grow Kentucky  
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American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN  
Kentucky Chapter





## How Help Me Grow Kentucky works

- HMGKY is a simple and FREE helpline for families and health providers, offering developmental screening, connection to local services and activities that support healthy growth for children, ages 0-5. It is a partnership with the American Academy of Pediatrics.
- Through **physician and community outreach** and **centralized call center and information**, families are linked with needed programs and services. **Ongoing data collection and analysis** helps identify gaps and barriers to the system.

### Screens

HMGKY saves screening and assessment time by conducting the developmental screens and referring children with recognized challenges.

### Educates

HMGKY educates communities on the importance of early detection of developmental delays in children through screenings.

### Connects

By being a central access point for families, health care providers, and service providers, HMGKY enhances the connection and promotes awareness between agencies.

### Improves

HMGKY improves health outcomes and school readiness through linkages to community-based programs and services that address the families' needs.

## AAP Guidelines

The American Academy of Pediatrics (AAP) recommends the use of surveillance at all well-child visits and the use of a formal screening tools at 9, 18 and 24 (30) month well child visits.



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